

# **OBRA : Cascade Stage Race**

## **Race Summary**

|         |                   |                    |           |
|---------|-------------------|--------------------|-----------|
| Stage 1 | Saturday, July 23 | Wanoga Snow Park   | 71 miles  |
| Stage 2 | Friday, July 24   | Summit High School | 14 miles  |
| Stage 3 | Friday July 24    | Downtown Bend      | 30-40 min |
| Stage 4 | Sunday, July 25   | Summit High School | 67 miles  |

**Dates:** **Wednesday, July 22 through Sunday, July 25, 2010**

**Race Office:** Monday, July 20 – Sunday, July 26

### **Packet Pickup**

**Thursday, July 22<sup>nd</sup>**  
**5:00-8:00 PM**

Location  
TBD

**Friday, July 23<sup>rd</sup>**  
**7:00-9:00 AM**

(Riders must pick up packet 1 hour prior to the start of their category)

Location  
Wanoga Snow Park

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## Stage One: Cascade Lakes Road Race

**Start time:** CAT 2 Men 11:40 AM

Masters 35+/45+ 11:50 AM

CAT 3/4 Men 12:00 PM

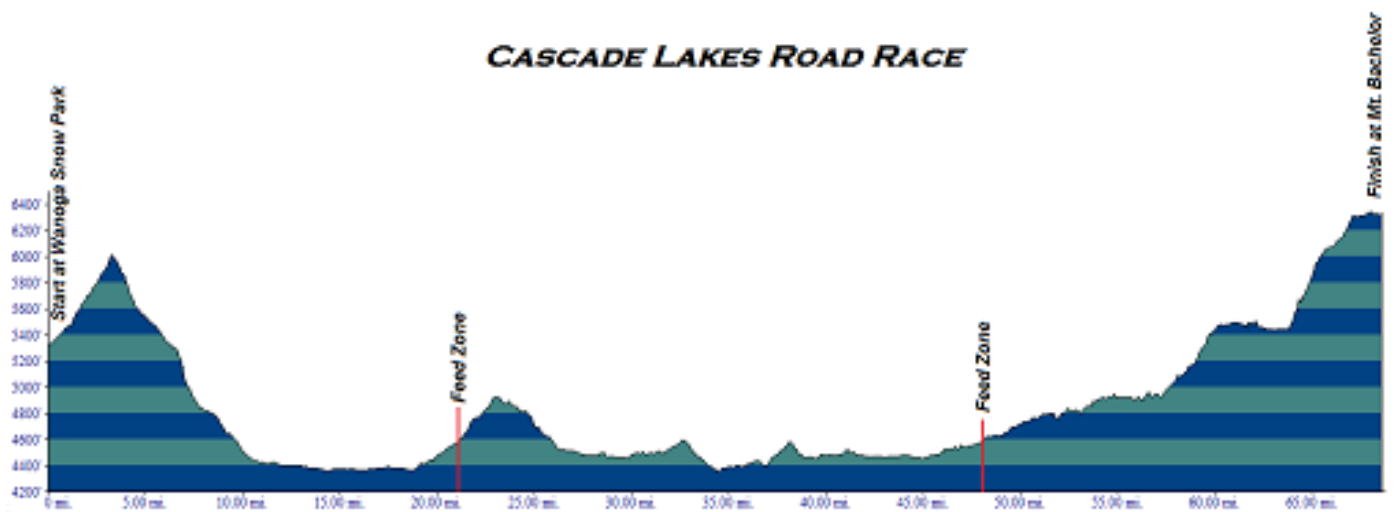
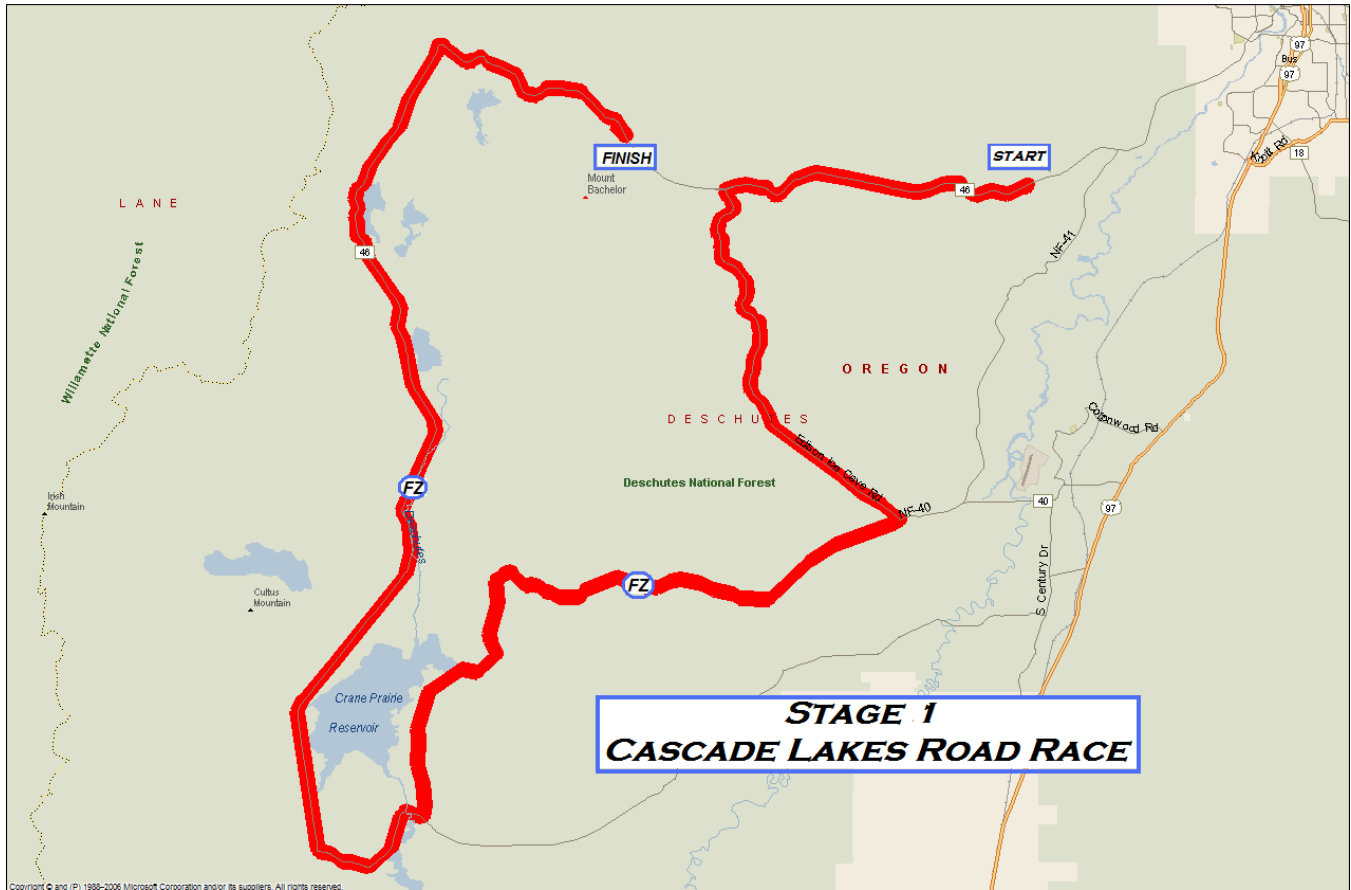
**Start location:** Wanoga Snow Park

**Finish location:** Mt. Bachelor Ski Resort

**Distance:** 71 Miles ALL CATEGORIES

**Description:** The classic race course that has determined more overall victories for CCC than any other stage. Starting at Wanoga Snow Park on Century Drive this stage takes riders around Mt. Bachelor on the Cascade Lakes Highway and a number of Forest Service Roads. Snow fields, alpine lakes, and streams are all so refreshing and a stark contrast to the tough climbs and altitude that overheat the riders. Finishing at Mt. Bachelor Ski Resort riders must tackle the steep Sparks Lake Climb in the last 5 Km of the race. This is the point where the number of competitors in contention shrinks to only a handful of riders

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## Stage Two: Skyliners Time Trial

**Start time:** CAT 4 Men 8:30 AM  
CAT 3 Men TBD  
Masters 45+ Men TBD  
Masters 35+ Men TBD  
CAT 2 Men TBD

**Start location:** Summit High School

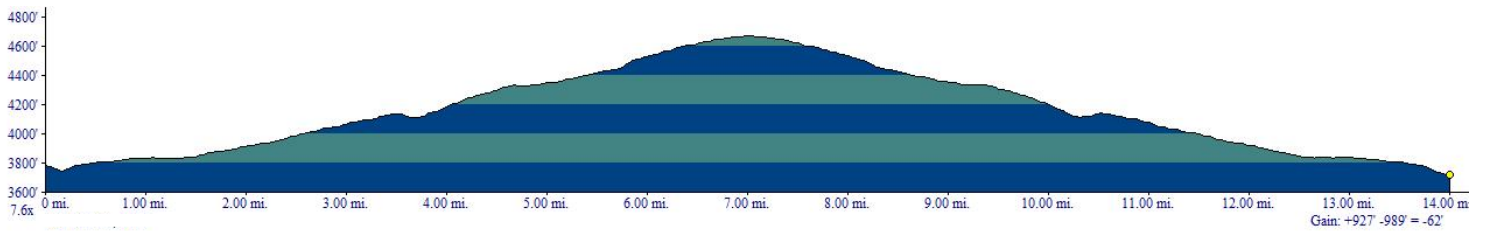
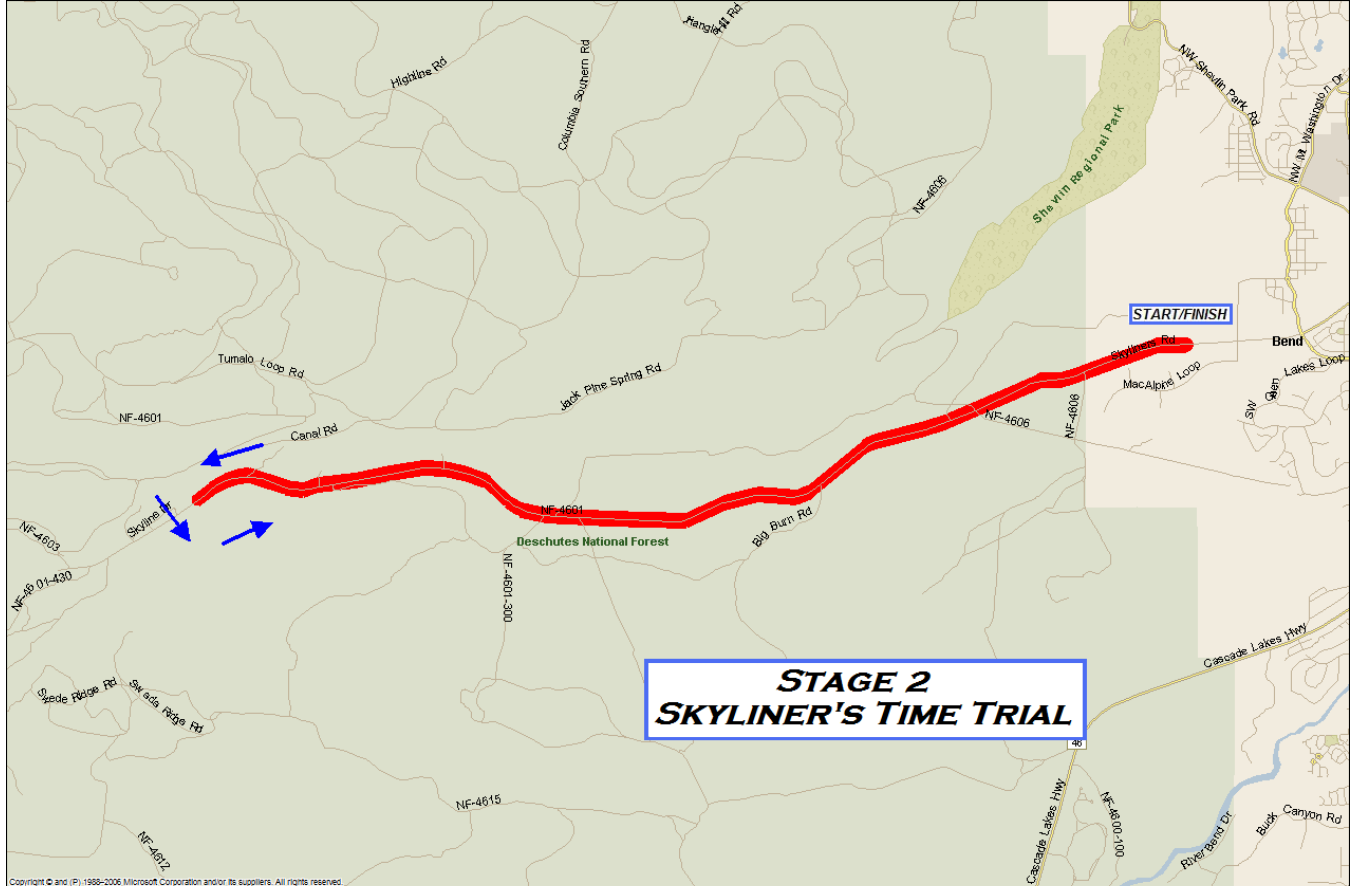
**Finish location:** Skyliners Road

**Distance:** 14 miles

**Description:** Skyliner Time Trial is back for 2010. This stage starts off flat and fast as it heads directly at the mountains. Halfway to the turn around the road begins to get steeper and the effort harder to maintain cadence and pace. After ascending 1000 feet of elevation riders will turn around and quickly descend back down to the finish near Bend. Suggested gearing is the biggest you can find to keep the momentum going on the way down.

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## Stage 2 Map and Profile



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## Stage Three: Downtown Criterium

Presented by:

**Desert Orthopedics & Rebound Physical Therapy**

|                    |                 |         |            |
|--------------------|-----------------|---------|------------|
| <b>Start time:</b> | CAT 4 Men       | 2:50 PM | 30 Minutes |
|                    | CAT 3 Men       | 3:25 PM | 35 Minutes |
|                    | Masters 35+/45+ | 4:05 PM | 40 Minutes |
|                    | CAT 2 Men       | 4:55 PM | 40 Minutes |

**Start location:** Downtown Bend

**Finish location:** Downtown Bend

**Distance:** 30 – 40 minutes

**Description** Flat, fast and rowdy. The Downtown Bend Criterium is a huge crowd favorite. Last year an estimated 15,000 people packed the streets to watch the best riders in the country do battle. With a new course this year that is even faster look to the sprinters to have their opportunity to shine. Big primes and even bigger noise will motivate competitors to go hard from the gun.

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## Stage Four: Awbrey Butte Circuit Race

**Start time:** CAT 2 Men 9:00 AM  
Masters 35+/45+ 9:05 AM  
CAT 3/4 Men 9:10 AM

**Start location:** Summit High School

**Finish location:** Summit High School

**Distance:** ALL CATEGORIES 67 miles (4 Laps)

**Description:** The Awbrey Butte Circuit Race has become a recent favorite among riders. With a winding twisting road that throws short power climbs with fast descents and smooth asphalt this stage truly goes to the strongest overall rider. No favoritism to the climbers nor the sprinters it comes down to who is willing to make the decisive break and power their effort home.

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